

**Notas de Unidad 3, Etapa 1 – Español 2**

**En contexto / En vivo****Páginas 180-185****Vocabulario**

\*\*\*Be sure to include the definite article(s) (*el/la/los/las*) with each noun. Also indicate when adjectives can end in *o/a* to be masculine or feminine and when verbs are stem-changing.\*\*\*

**Mantenerse sano(a) y en forma:**

to be healthy \_\_\_\_\_ well-being \_\_\_\_\_

healthy \_\_\_\_\_ energy \_\_\_\_\_

to relax \_\_\_\_\_ to grow \_\_\_\_\_

nourishment \_\_\_\_\_ food el \_\_\_\_\_

diet \_\_\_\_\_ calorie \_\_\_\_\_

nutritious \_\_\_\_\_ balanced \_\_\_\_\_

athletics \_\_\_\_\_ running/jogging (Spain) \_\_\_\_\_

to run \_\_\_\_\_ stress \_\_\_\_\_

to stretch \_\_\_\_\_ to train \_\_\_\_\_

to do aerobics \_\_\_\_\_ to lift weights \_\_\_\_\_

to sweat \_\_\_\_\_ should/ought to (p. 185) \_\_\_\_\_

to advise \_\_\_\_\_ advice \_\_\_\_\_

to lead a healthy life \_\_\_\_\_

**Rutina diaria (también en la página 187):**

to wake up \_\_\_\_\_ to get up \_\_\_\_\_

to get ready \_\_\_\_\_ to get dressed \_\_\_\_\_

to take a bath \_\_\_\_\_ to take a shower \_\_\_\_\_

to wash oneself \_\_\_\_\_ to dry oneself \_\_\_\_\_

to shave oneself \_\_\_\_\_ to put on makeup \_\_\_\_\_

to comb one's hair \_\_\_\_\_ to brush one's hair \_\_\_\_\_

to brush one's teeth \_\_\_\_\_

to take off one's clothes \_\_\_\_\_

to lie down/go to bed \_\_\_\_\_

Cuidado personal (también en la página 191):

comb \_\_\_\_\_ hairbrush \_\_\_\_\_  
 straight (hair) \_\_\_\_\_ curly (hair) \_\_\_\_\_  
 shampoo \_\_\_\_\_ hair dryer \_\_\_\_\_  
 toothbrush \_\_\_\_\_ toothpaste \_\_\_\_\_  
 soap \_\_\_\_\_ deodorant \_\_\_\_\_  
 makeup \_\_\_\_\_ perfume \_\_\_\_\_  
 after-shave lotion \_\_\_\_\_

**Notas gramáticas****Página 185****Verbs**

To say that someone \_\_\_\_\_ or \_\_\_\_\_ do something, use:

**deber + infinitive**

Example: You should take notes. \_\_\_\_\_

Conjugate the verb **mantener** like the verb \_\_\_\_\_.

Conjugate the verb **crecer** like the verb \_\_\_\_\_.

**La posición de los complementos****Página 186****Pronoun Placement**

Only a conjugated verb? Put the pronoun \_\_\_\_\_ the conjugated verb.

Example: \_\_\_\_\_  
 Her advice helped us a lot.

**Two verbs?**

1) Place the pronoun(s) \_\_\_\_\_ the conjugated verb, or

2) Attach the pronouns to the \_\_\_\_\_ or \_\_\_\_\_ form.

Examples:

<b>Before the Conjugated Verb</b>	<b>Attached to the Infinitive/-ndo Form</b>
<b>La</b> voy a entrevistar. I am going to interview <b>her</b> .	<same translation Voy a _____.
<b>Lo</b> estábamos mirando el sábado pasado. We were watching it last Saturday.	<same translation Estábamos _____ el sábado pasado.

**Mandatos formales    Página 188    Give Formal Commands Using *usted/ustedes***

For regular **affirmative tú commands**, use the \_\_\_\_\_ person \_\_\_\_\_ form of the verb in \_\_\_\_\_ tense.

To form both **affirmative and negative usted commands** (from the present tense):

For **-ar** verbs, take the \_\_\_\_\_ form of the verb and change the ending to \_\_\_\_\_.

Example: el infinitivo sentar: present tense yo form siento becomes \_\_\_\_\_

\_\_\_\_\_

Don't sit the child in front of the television.

For **-er/-ir** verbs, take the \_\_\_\_\_ form of the verb and change the ending to \_\_\_\_\_.

Example: el infinitivo comer: present tense yo form como becomes \_\_\_\_\_

\_\_\_\_\_

Eat nutritious foods.

For both **affirmative and negative ustedes commands**:

For **-ar** verbs, take the \_\_\_\_\_ form of the verb and change the ending to \_\_\_\_\_.

Example: el infinitivo hablar: present tense yo form hablo becomes \_\_\_\_\_

\_\_\_\_\_

Speak Spanish, please.

For **-er/-ir** verbs, take the \_\_\_\_\_ form of the verb and change the ending to \_\_\_\_\_.

Example: el infinitivo escribir: present tense yo form escribo becomes \_\_\_\_\_

\_\_\_\_\_

Write the answers.

Some common verbs have **irregular usted/ustedes commands**:

	<b>dar</b>	<b>estar</b>	<b>ir</b>	<b>saber</b>	<b>ser</b>
<b>usted</b>					
<b>ustedes</b>					

Example: \_\_\_\_\_

Please, go (ustedes command) exercise today, not tomorrow.

Verbs ending in **-car/-gar/-zar** need a spelling change to preserve \_\_\_\_\_:

marcar → \_\_\_\_\_ entregar → \_\_\_\_\_ empezar → \_\_\_\_\_

---

**Mandatos y complementos      Página 190      Commands and Pronoun Placement**


---

For **affirmative commands**, the pronoun attaches to the \_\_\_\_\_ of the verb.

Examples: \_\_\_\_\_

**Usted:** Please, Miss Elena, write your autograph for us here.

\_\_\_\_\_

**Tú:** Talk to me before the show.

\*\*\*Remember to add written \_\_\_\_\_ to maintain stress on the correct syllable. Only \_\_\_\_-syllable commands do not need a written accent when a pronoun is attached.

For **negative commands**, the pronoun goes \_\_\_\_\_ the verb.

Examples: \_\_\_\_\_

**Usted:** No, don't write your autograph for us with that pen.

\_\_\_\_\_

**Tú:** Don't talk to me before the show.

---

**Notas culturales      Páginas 174-175, 186, 192-193      Cultural Notes**


---

- 1) \_\_\_\_\_ - tamales que se hacen de plátanos verdes y yautías (un vegetal parecido a la papa) y carne - una comida típica de Puerto Rico
  - 2) \_\_\_\_\_ - un magnífico bosque tropical de Puerto Rico y el único que está en Estados Unidos - caen más de 200 pulgadas (in.) de lluvia al año
  - 3) \_\_\_\_\_ - aquí se encuentra el radiotelescopio más grande del mundo - cubre 20 acres de tierra - se usa para estudiar planetas y más
  - 4) \_\_\_\_\_ - fueron un peligro para los barcos españoles que navegaban en el Atlántico - el gobierno español construyó un fuerte masivo, **El Morro**, en San Juan para defenderse contras estas personas
  - 5) \_\_\_\_\_ - el fundador de San Juan en el siglo XVI - su Casa Blanca está allí hoy – buscó la Fuente de la Juventud en la tierra que hoy llamamos Florida
  - 6) \_\_\_\_\_ - el deporte más popular de Puerto Rico
  - 7) \_\_\_\_\_ - los edificios de esta parte original de San Juan tienen un estilo colonial español
  - 8) El refrán que se puede traducir: *Practice makes perfect.*
-